UGANDA – JULY 2020

Status of Cardiovascular Disease (CVD) and Non-communicable diseases (NCD)

Country Demographics

World Bank Classification
Low income

76% of population living in rural areas
60% (Sub-Sahara Africa)

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4.6% Prevalence of obese adults (BMI of ≥30 kg/m²)
Global data: 13.1%

17.8% of total mortality caused by **RHD**
Global data: 0.51%

2% of premature CVD mortality attributable to **tobacco**
Global data: 10%

1.13% of deaths caused by **hypertensive heart disease**
Global data: 1.65%

9.85% of **deaths** caused by CVD
Global data: 31.8%

2.97% Prevalence of rheumatic heart disease **(RHD)**
Global data: 0.53%

MALE **16.8** **%** **2.9** **FEMALE**
Prevalence of **tobacco** use **age ≥15**
Global data: 36.1% (male) 6.8% (female)

25.8% **22.9%**
MALE **FEMALE**
of population with raised **blood pressure** (SBP ≥140 or DBP ≥90)
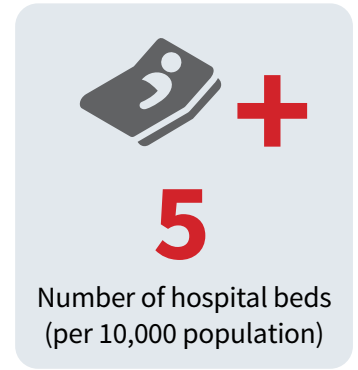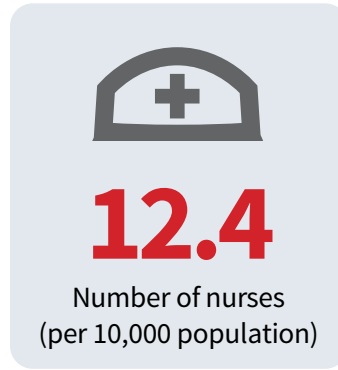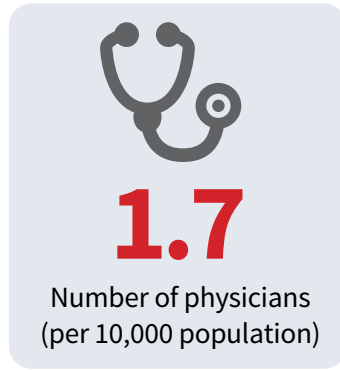Global data: 24.1% (male) 20.1% (female)

6.7% of population with raised total **cholesterol** (≥5.0 mmol/L)
Global data: 38.9%

2.5% Prevalence of diabetes **(ages 20-79)**
3.9% (Africa)

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Health System Capacity

1.7
Number of physicians
(per 10,000 population)

12.4
Number of nurses
(per 10,000 population)

5
Number of hospital beds
(per 10,000 population)

KEY: No data ○ | Not in place ◎ | In process/ partially implemented ◎ | In place ◎

Clinical Practice and Guidelines

Locally-relevant (national or subnational level):

Clinical tool to assess CVD risk . . . . ◎ (green)

Guidelines for treatment of tobacco dependence . . . . ◎ (yellow)

Clinical Guidelines for:

The detection and management of atrial fibrillation . . . . ◎ (green)

The detection and management of acute rheumatic fever . . . . ◎ (green)

The detection and management of rheumatic heart disease . . . . ◎ (green)

The detection and management of diabetes . . . . ◎ (green)

CVD prevention (within the last 5 years) . . . . ◎ (green)

A system to measure the quality of care provided to people
who have suffered acute cardiac events . . . . ◎ (red)

Cardiovascular Disease Governance

A national strategy or plan that addresses:

CVDs and their specific risk factors . . . . ◎ (green)

NCD and their risk factors . . . . ◎ (yellow)

Rheumatic heart disease prevention
and control as a priority . . . . ◎ (yellow)

A national surveillance system that
includes CVDs and their risk factors . . . . ◎ (green)

Stakeholder action

Non-governmental
organizations' advocacy
for CVD policies and
programmes . . . . ◎ (green)

Civil society involved
in developing and
implementing of
national CVD prevention
and control plan . . . . ◎ (green)

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