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Title: CHANGES IN THE RIGHT VENTRICULAR GLOBAL LONGITUDINAL STRAIN AFTER BALLOON MITRAL VALVULOPLASTY: A COMPARISON BETWEEN HIGH GRADIENT VERSUS LOW GRADIENT VERY SEVERE RHEUMATIC MITRAL STENOSIS

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Background & Aims: Very severe mitral stenosis (VSMS) is characterized by the narrowing of the mitral valve area (MVA) by planimetry $\leq 1 \text{ cm}^2$ and usually corresponds to a high trans-mitral gradient ($\geq 10 \text{ mmHg}$) at a normal heart rate. However, VSMS with a low trans-mitral gradient ($<10 \text{ mmHg}$) is also common in clinical practice. The impact of successful Balloon Mitral Valvuloplasty (BMV) on right ventricular (RV) function, particularly through RV global longitudinal strain (RV-GLS) analysis, in patients with very severe rheumatic mitral stenosis of both high gradient (HG) and low gradient (LG) has not been fully understood.

Methods: We prospectively evaluated rheumatic VSMS patients, aged more than 18-year-old, who underwent successful BMV at National Cardiovascular Center Harapan Kita Jakarta from March 2019 to March 2021. All patients underwent echocardiography examination 1-2 days before BMV and within 2-7 days after BMV. Then we compared the changes in hemodynamic factors before and after BMV, including RV-GLS, and compared it between the HG and the LG VSMS group. Strain imaging using the two-dimensional speckle tracking echocardiography method was performed to measure the RV-GLS and it was the average of 6 strains from the free wall and septal segments. The hemodynamic changes before and after BMV were described by percent delta ($\% \Delta$), using a formula $\% \Delta = (\text{after value} - \text{before value}) / \text{before value} \times 100\%$.

Results: From 55 subjects, 23 patients (41.8%) had LG, and 32 patients (58.2%) had HG. The mean age was older in the LG group (49 ± 10.09 vs. 40 ± 9.52 , $p < 0.002$) and atrial fibrillation was more frequent in the LG group (69.6% vs. 40.6%, $p < 0.034$). The mean mitral valve gradient (mMVG) before BMV in the HG was 15.46 ± 5.05 and 7.97 ± 1.57 in the LG ($p < 0.001$). The baseline of MVA was 0.58 ± 0.21 in the HG and 0.69 ± 0.15 in the LG ($p < 0.032$). The baseline RV-GLS was not different between both groups (HG -15.01 ± 4.38 vs. LG -16.35 ± 3.93 , $p < 0.248$). The RV-GLS significantly improved after BMV for both HG (before -15.01 ± 4.38 vs. after -19.09 ± 4.47 , $p < 0.001$) and LG (before -16.35 ± 3.93 vs. after -18.66 ± 3.11 , $p < 0.001$). The $\% \Delta$ mMVG (HG -65.12 ± 14.62 vs. LG -38.10 ± 18.24 , $p < 0.001$), $\% \Delta$ net atrioventricular compliance (HG 405.86 ± 304.89 vs. LG 159.20 ± 90.14 , $p < 0.001$) and $\% \Delta$ RV-GLS (HG 31.25 ± 21.36 vs. LG 16.83 ± 14.95 , $p < 0.007$) were significantly different between the two groups. Further analysis of the relationship between other variables and the $\% \Delta$ RV-GLS revealed that only LG exhibited a significant association with $\% \Delta$ RV-GLS after BMV compared to baseline. There was a significant difference ($p < 0.047$) in $\% \Delta$ RV-GLS which was lower by -11.91% (-23.53 - -0.19 , 95% CI) in the LG compared to the HG group.

Conclusions: The baseline RV-GLS before BMV was not different between the HG and LG VSMS groups, but the RV-GLS significantly improved after BMV for both groups. The changes in RV-GLS before and after BMV differed between the HG and LG VSMS groups, and the improvement was greater in the HG VSMS group.