


SLOVENIA – NOVEMBER 2021



Status of Cardiovascular Disease (CVD) and Non-communicable diseases (NCD)


Country Demographics


World Bank Classification
High income



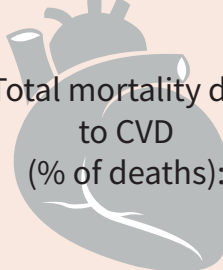
Life expectancy at birth (in years):

MALE 77.8  **FEMALE 83.4** 

45% of population living in rural areas 



55% of population living in urban areas 

Total mortality due to CVD (% of deaths):





Both: 32.3%
male: 26.8%
female: 37.5%

Prevalence of adult tobacco use age ≥15


MALE 25.2%  **FEMALE 20.9%** 

Global data: 36.1% (male) 6.8% (female)

Prevalence of youths tobacco use age 13 to 17 year olds

MALE 10.4%  **FEMALE 6.4%** 



Percentage of adult population with raised total cholesterol (≥5.0 mmol/L)



Both: 66.2%
male: 63.2%
female: 69.2%


Global data: 38.9%

Percentage of adult population (age-standardized) with raised blood pressure (SBP ≥140 or DBP ≥90)



MALE 35.8%  **FEMALE 24.9%** 

Global data: 24.1% (male) 20.1% (female)

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Percentage of adults who are overweight (body mass index (BMI) of 25 kg/m2 or higher):

male: 66.3%  **female: 49.8%** 


Percentage of adolescents (ages 11-17) who are insufficiently active (less than 60 minutes of moderate- to vigorous intensity physical activity daily):

Both: 80%
male: 74.8%
female: 85.6%



Percentage of adults (age-standardized estimate) who are insufficiently active (less than 150 minutes of moderate intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week):

Both: 32.2%
male: 27.7%
female: 36.6%





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KEY: Not in place In process/ partially implemented In place

Cardiovascular Disease Governance

- A national strategy or plan that addresses CVDs and their risk factors specifically:
- A national strategy or plan that addresses NCDs and their risk factors:
- A national tobacco control plan:
- A national surveillance system that includes CVDs and their risk factors:
- Collaborative projects between the Ministry of Health and non-health ministries for CVD interventions:
- Legislation banning all forms of tobacco advertising, promotion and sponsorship:
- Legislation banning the marketing of unhealthy foods to minors:
- Policy interventions that promote a diet that reduces cardiovascular disease risk:
- Policy interventions that facilitate physical activity:
- Legislation banning the marketing of unhealthy foods to minors:
- Legislation mandating clear and visible warnings on foods that are high in calories/sugar/saturated fats:

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Stakeholder action

- NGO advocacy for CVD policies and programmes:
- Active involvement of patients' organizations in advocacy for CVD prevention and management:
- Involvement of civil society in the development and implementation of a national CVD prevention and control plan:
- Involvement of civil society in the national multisectoral coordination mechanism for NCDs/CVDs:
- Hypertension screening by businesses at workplaces:

For more information, please email info@worldheart.org