ACT NOW CNANGINA

LOW HEART











WHY LAUNCHA COMMUNICATIONS CAMPAIGNON ANGINA?

Angina is an underlying symptom of cardiovascular disease, which is known to cause 4.1 million deaths¹ a year in Europe alone.

Although angina is relatively common, it can still be difficult to identify. Angina can manifest itself typically or atypically, so it is often mistaken for indigestion, fatigue or stress by both patients and physicians.

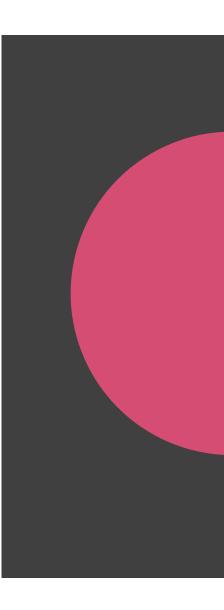
More needs to be done to ensure that health care professionals don't down play angina or miss the symptoms. By recognizing angina quickly, physicians can stop cardiovascular disease from getting worse – which prevents sufferers from living life to the full.

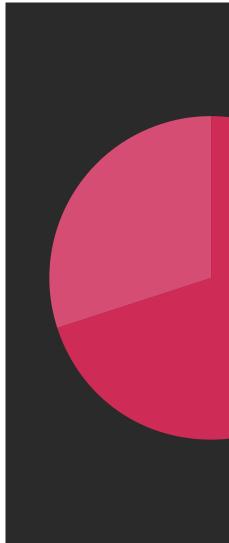
THIS CAMPAIGN **BY SERVIER AND THE WORLD HEART FEDERATION AIMS TO RAISE AWARENESS AROUND THE** IMPORTANCE **OF ACTING NOW** ON ANGINA.

CONTENTS

SOME KEY STATISTICS **ONANGINA**

OUR CAMPAIGN IS BUILT AROUND SOME REVEALING STATISTICS ON ANGINA, **INCLUDING:**





43%

OF PEOPLE WITH ANGINA ARE

80%

OF DOCTORS DISCOUNT CARDIOVASCULAR **DISEASE AS THE** UNDERLYING CAUSE OF ANGINA SYMPTOMS²

(PATIENTS WITH MONTHLY EPISODES OF ANGINA)

70%

HIGHER CHANCE OF WOMEN **SUFFERING HEART** ATTACKS, ANGINA **AND STROKES³**

82%

HIGHER RISK OF SOUTH ASIANS HAVING UNSTABLE ANGINA COMPARED TO CAUCASIANS⁴

¹Qintar M et Al., Eur Heart J Qual Care Clin Outcomes.2016;2(3):208-214. ²Beltrame JF et al. Arch Intern Med. 2009; 169:1491-9. ³Science daily. Hot flushes and night sweats linked to 70% increase in cardiovascular disease. https://www.sciencedaily.com/releases/2020/07/200702113707.htm. Accessed May 10, 2021. ⁴The British Journal of Cardiology. Angina module 1: epidemiology. https://bjcardio.co.uk/2020/04/angina-module-1-epidemiology-2/. Accessed May 10, 2021.







USE TO ACT NOW ON ANGINA CAMPAIGN TOOLKIT

LOW HEART

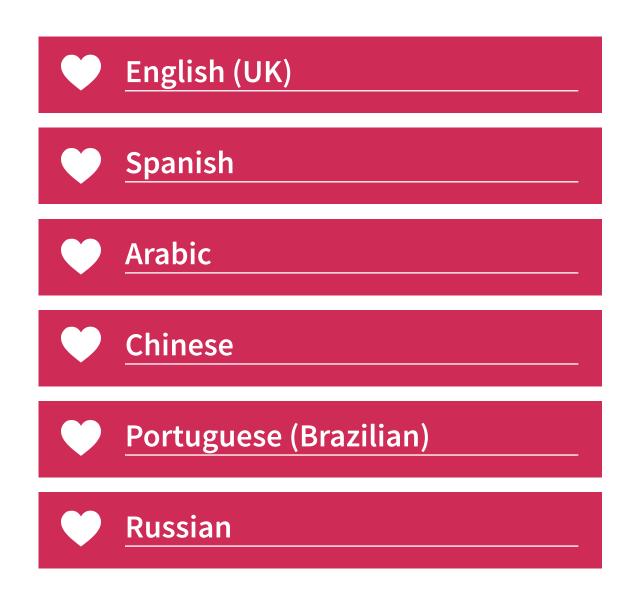


HOW TO USE THIS TOOLKIT

This toolkit describes our campaign, the audiences you can target, and the messages you can communicate.

Once you have an understanding of what the 'USE TO ACT NOW ON ANGINA' campaign is all about, you can download communications assets online, and use them to build greater angina awareness with internal and external audiences in your local region or country.

The lead communications assets are available in six languages. So if you would prefer to use the selected assets in an alternative language, please use the links to the side.



2.1 CAMPAIGN **OBJECTIVES**



RAISE AWARENESS ABOUT THE FACT THAT ANGINA CAN **GO UNNOTICED OR UNDIAGNOSED**



HIGHLIGHT THAT URGENCY IS NEEDED FOR DIAGNOSIS -**TAKE ANGINA** SERIOUSLY



HELP PEOPLE **UNDERSTAND THE RISKS AND SYMPTOMS OF ANGINA AND TAKE** ACTION



ENSURE THAT PATIENTS AND PHYSICIANS WORK **TOGETHER TO IDENTIFY ANGINA SYMPTOMS:**

- PATIENTS BY BEING **ATTENTIVE TO THE** WARNING SIGNS
- HCPS BY LISTENING **CLOSELY TO THE** PATIENT AND ASKING ABOUT HOW THEY FEEL





2.2 LOWHEART AND HIGH HEARTAWARE

We have a straightforward strategy targeting two large groups of people. Those who have a lower level of awareness and engagement in heart health. And those for whom heart health is top of their agenda.

LOW HEART

Targeting people with undiagnosed angina symptoms and the general public

HIGH HEART

Targeting people who know heart health is important, such as medical professionals, academics and policymakers

Find the High Heart toolkit <u>here</u>



2.3 THE WORLD HEART 2020-21 CALL TO ACTION

WORLD HEART 2020-21

COMMUNICATIONS GOALS

- Make heart health more popular
- Help to reduce the global burden of CVD

The 2020-21 call to action is: USE VTO BEAT V

USE TO BEAT

HIGH HEART AND LOW HEART ANGINA CAMPAIGN

CAMPAIGN GOALS

Raise awareness so that:

- HCPs correctly diagnose angina
- Patients are attentive to the warning signs

The campaign core call to action utilizes the World Heart USE 🖤 mechanism: USE **V** TO ACT NOW ON ANGINA

The supporting call to action is: USE **V** TO GET ANGINA UNDER CONTROL

USE **TO ACT NOW ON ANGINA**



The key message is that it is critical to recognize angina quickly to prevent any potential 💔 from getting worse

2.4 AUDIENCE REACH

WORLD HEART COMMUNICATIONS

Target a broad range of audiences

 \bigcirc Public

General health profe

- General health acad (
- General policymake
- Heart health opinion
- Social impact groups
- Potential partners

USE VIOACTNOW ON ANGINA CAMPAIGN

Pinpoints subgroups of the audience with targeted communications

Priority 1: People with undiagnosed symptoms

General public:

 \bigcirc Those unaware of symptoms Family and friends of angina sufferers

LOW HEART

 Heart academics Heart academics Patients Engaged policymakers Engaged opinion leaders Engaged partners

Doctors Healthcare professionals Frontline workers WHF member organisations

HIGH HEART

3. CAMPAIGN ASSETS EVENTE

The USE **V** TO ACT NOW ON ANGINA

low heart campaign comprises a suite of assets. All of these assets form part of the World Heart Federation release of the campaign (November -December 2021).

You can use these assets to formulate and release your own local campaign.

Use for:



Social channels

// W

Website content

• Display in healthcare facilities

SOCIAL MEDIA ANIMATIONS



Angina is a serious heart condition – know if you're more at risk **USE V TO CONNECT WITH YOUR HEART**

DOWNLOAD HERE



Don't ignore the warning signs of angina **USE VTO ACT NOW ON ANGINA**

DOWNLOAD HERE

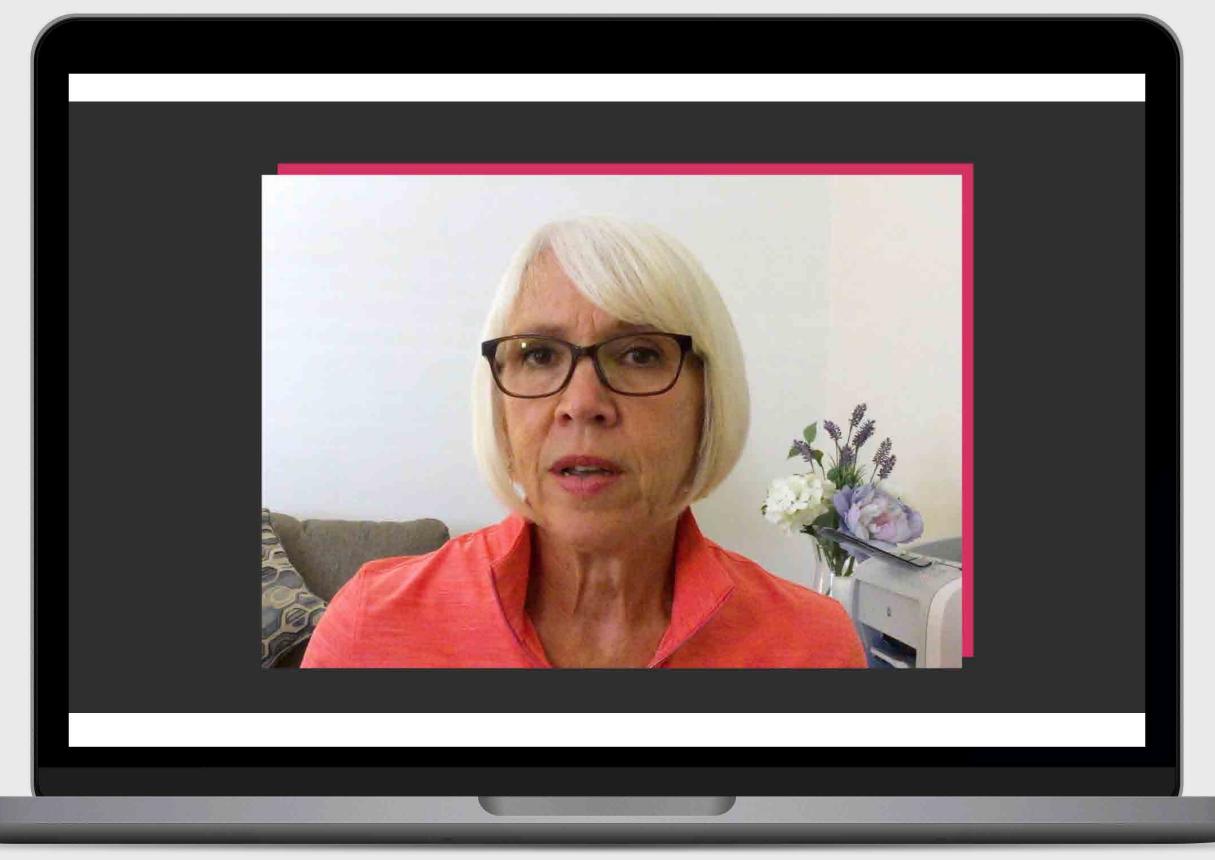


Don't overlook angina – know the symptoms Our of the output of the o

PATIENT SOCIAL MEDIA VIDEO ANIMATION (ELSA) VIDEO









POSTERS 🗇

USE TO ACT NOW ON ANGINA

IGNORING THE WARNING SIGNS¹ COULD LIMIT YOUR LIFE

- CHEST TIGHTNESS
 CHEST, NECK OR JAW PAIN
 PAIN INTO LEFT ARM AND HAND
 BREATHING DIFFICULTIES
 CONSTANT FATIGUE
 STRESS, ANXIETY OR DEPRESSION

Find out more: worldheart.org https://servier.com/en/decoded-content/angor-dont-ignore-heart-



Angina could limit your life, don't ignore the warning signs **USE • TO ACT NOW ON ANGINA**

DOWNLOAD HERE

USE 🛡 TO CONNECT WITH YOUR

ANGINA IS A SERIOUS HEART CONDITION AFFECTING MORE THAN **100 MILLION PEOPLE GLOBALLY**¹

- YOU'RE MORE AT RISK IF²: FAMILY HISTORY UNHEALTHY DIET HIGH CHOLESTEROL OR BLOOD PRESSURE SMOKE OR DON'T EXERCISE ENOUGH OVERWEIGHT OR OBESE DIABETIC

- DIABETIC
- MALE OR A POST-MENOPAUSAL FEMALE
 SOUTH ASIAN

Find out more: worldheart.org

WORLD HEART FEDERATION USE & TO BEAT & Servier Global & HEART Hub ALC: NO

Angina is a serious heart condition, know if you're more at risk ✓ USE ♥ TO CONNECT WITH YOUR HEART

INFOGRAPHIC

ACTIONS YOU SHOULD TAKE TO ACT ON ANGINA

ANGINA: DON'T IGNORE THE MESSAGE FROM YOUR 🖤

ANGINA CAN DOUBLE THE RISK OF A MAJOR HEART PROBLEM, YET IT'S EASY TO OVERLOOK. SO MAKE SURE YOU UNDERSTAND THE SYMPTOMS AND LISTEN TO YOUR ♥



ANGINA AFFECTS MORE THAN 100 MILLION PEOPLE GLOBALLY ¹		ANGINA IMPACTS YOUR QUALITY OF LIFE		ANGINA INCREASES YOUR RISK OF HEART ATTACK
AN IMPORTANT WARNING SIGN OF CORONARY HEART DISEASE A TEMPORARY CAUSE OF CHEST DISCOMFORT OR PAIN		NOT THE SAME AS A HEART ATTACK NOT A DISEASE IN ITSELF		WHAT ARE THE WARNING SIGNS?2 PAIN INTO LEFT ARM AND HAND NECK OR CONSTANT JAW PAIN FATIGUE A TIGHT BREATHING CHEST DIFFICULTIES STRESS, ANXIETY OR DEPRESSION
WHAT SHOULD I DO 1. DON'T IGNORE THE WAKE UP CALL Angina is a warning of an underlying heart problem 'Khan MA et al. Cureus. 2020	2. TALK TO YOUR DOCTOR Be clear about your symptoms and how you feel D;12(7):e9349. ² https://servier.com/e	3. TREATMENTS ARE AVAILABLE Angina can be treated and managed with medicines	4. CHANGE YOUR LIFESTYLE Stop angina from getting worse and reduce your risk of a heart attack	USE W TO ACT NOW ON ANGINA

CLEARLY SHOWS THE DANGERS, WARNING SIGNS AND



USE V TO ACT NOW ON ANGINA VIDEO



KNOW THE SYMPTOMS AND RISKS OF ANGINA AND WHAT YOU SHOULD DO





4. ASSET USE



HOW YOU USE OUR

- Plan and release your own angina awareness campaign
- Use the animations in social channels together with your own angina awareness social posts
- Use the infographic in social channels or as website content
- Post videos on your website and/or use them in social channels
- Provide/use posters in healthcare facilities (we recommend professional printing)

47 THE STEPS

Choose how you will target the assets to your audience

REQUEST ANY SUPPORT If you have any queries about how best to use our campaign assets, don't hesitate to contact Melody Stewart: melody@charlescannon.com

DOWNLOAD YOUR ASSETS

Visit <u>worldheart.org/resource/?topic=angina</u> where you will find all downloadable content for your country (6 languages will be available)

ASSEMBLE YOUR CAMPAIGN



1. WHEN SHOULD I RUN MY ANGINA AWARENESS CAMPAIGN?

You can run your angina campaign at the moment that is best for you and your local audience. The World Heart Federation campaign is running from April to June 2021 for the high heart audience and through November and December for the low heart audience.

2. FOR HOW LONG CAN I USE THESE ASSETS?

This toolkit and the associated assets will continue to be available on the World Heart Federation website until there is a replacement Angina Awareness campaign. You can use these assets all the time they are available and even beyond if you feel they are the most relevant for your local campaign.

3. CAN I TRANSLATE THE ASSETS INTO MY LOCAL LANGUAGE OR LOCALIZE THEM IN ANY OTHER WAY?

Selected assets are available in six languages: English (UK), Spanish, Arabic, Chinese, Portuguese (Brazilian) and Russian. We are hoping that this provides you some assets in a language that is relevant in your local market. However, if you feel that it does not, then please do get in contact with us at <u>melody@charlescannon.com</u>. We can provide you with the source files that will allow you to translate the document for your local audience. We have targeted an international audience when developing the assets and in some of the posters you can choose from a selection of images, all of which appear in animated versions for social media.

4. WHY ARE THESE CAMPAIGNS IMPORTANT?

Angina is very easy to miss, and often goes undiagnosed. Patients describe their symptoms differently and often downplay them so that doctors don't realize how serious they potentially are. Frontline healthcare professionals need to be very aware of angina and how the symptoms, typical and atypical, are experienced, to get patients to a critical, early diagnosis. At the same time, patients need to understand the symptoms and risks of angina and take action.

5. FAQS (2/2)

5. DO I NEED TO USE ALL THE CAMPAIGN ASSETS FOR A LOCAL CAMPAIGN?

No, you can choose the assets that are the most appropriate for your local campaign and audience. Simply select campaign elements that are relevant to your requirements: High Heart to target HCP's and Low Heart to target patients – or a combination of the two.

6. WHAT IS THE MINIMUM SUITE OF ASSETS THAT YOU RECOMMEND?

There is no minimum suite, if you would like to only release one social media post, that is fine. However, the more you release, ideally within a limited timeframe as a campaign, the greater the chance of raising awareness in your audience, as they will consistently see the same messages.

7. CAN I CREATE MY OWN ASSETS?

If you would like to raise awareness about angina by developing your own campaign, of course that is fine. However, this campaign does not provide assets that can be redeveloped into your own versions of the assets at this point.

8. IS THERE A WEBINAR OR PANEL DISCUSSION ASSOCIATED WITH THIS CAMPAIGN MESSAGING?

Yes, there is. The World Heart Federation high heart campaign was kicked off with a webinar that can be viewed directly <u>on its website</u>.

9. WHY IS THE WHF, SERVIER AND THE GLOBAL HEART HUB WORKING TOGETHER ON THIS ANGINA AWARENESS CAMPAIGN?

All three organisations are committed to promoting heart health. Raising awareness is a serious issue that needs urgent attention by patients and healthcare professional alike. Only with this greater attention can the risk of CVD be reduced.



IN PARTNERSHIP WITH



WORLD HEART FEDERATION