



Dr Vash Mungal-Singh

Dr Vash Mungal-Singh is a consultant Haematopathologist at Lancet Laboratories in Cape Town, South Africa. Until recently she held the position of CEO of the Heart and Stroke Foundation South Africa for 6 years, Vice-President of the World Heart Federation and the African Heart Network, and is incoming Board member of the South African Heart Association.

Her focus is public health with work extending across cardiovascular disease and non-communicable diseases prevention programmes and advocacy, both regionally and globally. She has worked closely with government and the corporate sector to influence policy, served as a member of WHO's Global Coordinating Mechanism on Prevention and Control of NCDs) task team, participated at the United Nations NCD high level meetings in New York in 2011 and 2014, helped establish the South African NCD Alliance, and held the position of Public Trustee of the International Life Sciences Institute of South Africa.

Vash is a MBA graduate with more than 20 years' experience in health-care, adult education, corporate and non-profit sectors at senior management and director levels. She previously held the position of Director of the MBA and Pre-MBA programmes at the University of Cape Town, and was a finalist in Regional Business Women's Association Business Award in Social Entrepreneur category in 2013. She is currently a volunteer director on the Board of the Homestead, an NGO that works with street children in Cape Town, where she previously held the position of chairperson for a number of years.

Vash is a medical doctor with a fellowship in haematology and an MBA graduate from the University of Cape Town.