ANGINA: AVOID TWICE THE RISK OF A EVENT

Angina has been shown to double the risk of major cardiovascular events. Early diagnosis is crucial, so don’t let your patient be among the 43% for whom angina goes unrecognized.

Angina affects more than 100 million people globally.

Risk Factor: Atypical Symptoms (they may not be what you think)
- Chest tightness: 67% vs. 66%
- Chest pain: 55% vs. 61%
- Breathing difficulties: 47% vs. 55%
- Fatigue: 53% vs. 58%
- Stress, anxiety, depression: 29% vs. 34%

Risk Factor: Menopause
Following menopause, women are 70% more likely to have heart attacks, angina, and strokes.

Risk Factor: Cultural Differences
South Asian people have an 82% higher risk of unstable angina compared to white people.

80% of doctors discount cardiovascular disease as the underlying cause.

60% of angina patients are not receiving optimal therapy.

Ways to reduce risk of angina:
1. Ask your patients to talk about how they feel.
2. Be sure that patients don’t hide or downplay their symptoms.
3. Take action if you have any doubts – perform a CT angiogram or exercise stress test.

Use ❤️ to act now on angina.

Sources: