Cardiovascular diseases are a group of disorders of the heart and blood vessels, commonly referred to as heart disease and stroke.

18.6 million deaths every year from CVD
33% of all global deaths
>75% of CVD deaths take place in low- and middle-income countries

Global Causes of Death

- Cardiovascular Disease (CVD)
- Cancer
- Respiratory Diseases
- HIV
- 18.6 million
- 10 million
- 3.7 million
- 1 million

Risk Factors for CVD

- High Blood Pressure
- Unhealthy Diet
- High Cholesterol
- Diabetes
- Overweight & Obesity
- Tobacco
- Air Pollution
- Kidney Disease
- Physical Inactivity
- Harmful use of alcohol

Sources: World Health Organization; IHME, Global Burden of Disease

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