



USE ♥ TO CONNECT WITH YOUR ♥

**ANGINA IS A SERIOUS HEART
CONDITION AFFECTING MORE THAN
100 MILLION PEOPLE GLOBALLY¹**

YOU'RE MORE AT RISK IF²:

- FAMILY HISTORY
- UNHEALTHY DIET
- HIGH CHOLESTEROL OR BLOOD PRESSURE
- SMOKE OR DON'T EXERCISE ENOUGH
- OVERWEIGHT OR OBESE
- DIABETIC
- MALE OR A POST-MENOPAUSAL FEMALE
- SOUTH ASIAN

Find out more: worldheart.org

¹Khan MA et al. Cureus. 2020;12(7):e9349. ²<https://www.heartfoundation.org.au/conditions/angina>.