

AUSTRALIA – JUNE 2022

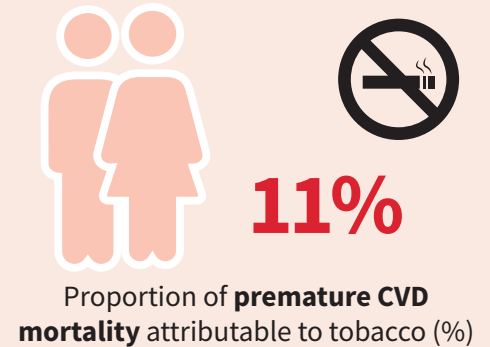
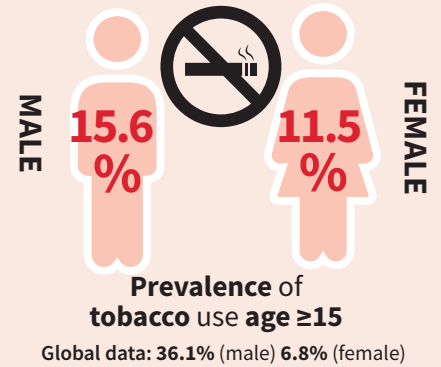
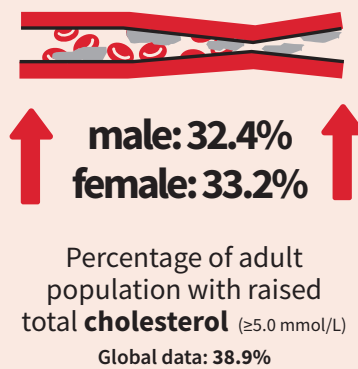
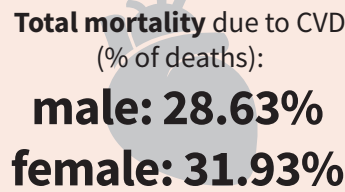
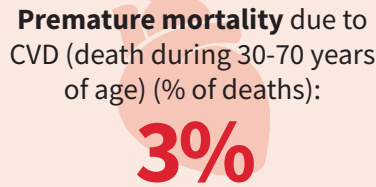
Status of Cardiovascular Disease (CVD) and Non-communicable diseases (NCD)

Country Demographics

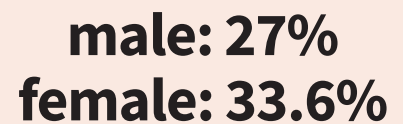
World Bank Classification
High income



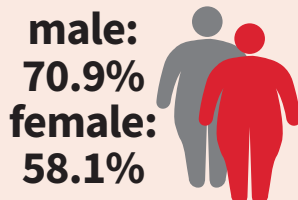
Life expectancy at birth (in years):



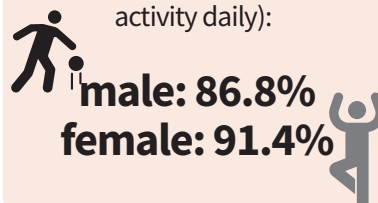
Percentage of adults (age-standardized estimate) who are insufficiently active (**less than 150 minutes** of moderate intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week):



Percentage of adults who are overweight (body mass index (BMI) of 25 kg/m2 or higher):



Percentage of adolescents (ages 11-17) who are insufficiently active (**less than 60 minutes** of moderate- to vigorous intensity physical activity daily):



Prevalence of diabetes in adults (ages 20-79):



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KEY:

- No data
- Not in place
- In process/ partially implemented
- In place

Essential Medicines and Interventions

Following essential medicines generally available in primary care facilities in the public health sector:

- | | |
|---------------------------|------------------------|
| ACE inhibitors: | Metformin: |
| Aspirin: | Insulin: |
| Beta blockers: | Warfarin: |
| Statins: | Clopidogrel: |

Clinical Practice and Guidelines

Locally-relevant (national or subnational level):

- Clinical tool to assess CVD risk:
- CVD prevention (within the last 5 years):
- Treatment of tobacco dependence:
- Detection and management of Atrial Fibrillation:

Cardiovascular Disease Governance

- A National strategy or plan that addresses CVDs and their risk factors specifically:
- A national tobacco control plan:
- A national multisectoral coordination mechanism for tobacco control:
- A national surveillance system that includes CVDs and their risk factors:
- Policies that ensure screening of individuals at high risk of CVDs:

Stakeholder action

- NGO advocacy for CVD policies and programmes:
- Active involvement of patients' organizations in advocacy for CVD prevention and management:
- Involvement of civil society in the development and implementation of a national CVD prevention and control plan:
- Involvement of civil society in the national multisectoral coordination mechanism for NCDs/CVDs:
- Specific activities by cardiology professional associations aimed at 25% reduction in premature CVD mortality by 2025:
- Hypertension screening by businesses at workplaces:



For more information, please email info@worldheart.org