Status of Cardiovascular Disease (CVD) and Non-communicable diseases (NCD)

Country Demographics

World Bank Classification
High income

Life expectancy at birth (in years):
MALE 79
FEMALE 84

43% of population living in urban areas

Global data:
Prevalence of tobacco use age ≥15
6.8% (male)
6.4% (female)

Prevalence of diabetes in adults (ages 20-79):
7.2%

Prevalence of hypertension (SBP ≥140 or DBP ≥90)
Global data: 24.1%

Prevalence of elevated total cholesterol (≥5.0 mmol/L)
male: 18%
female: 20%

Percentage of adults (age-standardized estimate) who are insufficiently active (less than 150 minutes of moderate intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week):
male: 40.2%
female: 36.9%

Prevalence of diabetes in adults (ages 20-79):
7.2%
Cardiovascular Disease Governance

A National strategy or plan that addresses:
  CVDs and their risk factors specifically:  

A national tobacco control plan:  

A national multisectoral coordination mechanism for tobacco control:  

A national surveillance system that includes CVDs and their risk factors:  

Policies that ensure screening of individuals at high risk of CVDs:  

Sustainable funding for CVDs (e.g. from taxation of tobacco and/or other ‘sin’ products):  

Taxes on unhealthy foods or sugar sweetened beverages:  

Clinical Practice and Guidelines

Locally-relevant (national or subnational level):

Clinical tool to assess CVD risk:  

CVD prevention (within the last 5 years):  

Treatment of tobacco dependence:  

Detection and management of Atrial Fibrillation:  

Stakeholder action

NGO advocacy for CVD policies and programmes:  

Active involvement of patients’ organizations in advocacy for CVD prevention and management:  

Involvement of civil society in the development and implementation of a national CVD prevention and control plan:  

Involvement of civil society in the national multisectoral coordination mechanism for NCDs/CVDs:  

Specific activities by cardiology professional associations aimed at 25% reduction in premature CVD mortality by 2025:  

Hypertension screening by businesses at workplaces:  

For more information, please email info@worldheart.org