Country Demographics

- **National health expenditure as % of GDP (%)**: 5.5

- **Life expectancy at birth (in years):**
  - Male: 77
  - Female: 72

- **57%** of population living in rural areas
- **79%** of population living in urban areas

- **Total mortality due to CVD (% of deaths):**
  - Both: 32.8%
  - Male: 31.3%
  - Female: 34.5%

- **Prevalence of adult tobacco use age ≥15**
  - Male: 27.7%
  - Female: 8.9%
  - Global data: 36.1% (male) 6.8% (female)

- **Percentage of adult population with raised total cholesterol (≥5.0 mmol/L)**
  - Both: 4.8%
  - Male: 4.7%
  - Female: 4.8%
  - Global data: 38.9%

- **Percentage of adult population (age-standardized) with raised blood pressure (SBP ≥140 or DBP ≥90)**
  - Male: 20.6%
  - Female: 16.6%
  - Global data: 24.1% (male) 20.1% (female)

- **Percentage of adolescents (ages 11-17) who are insufficiently active (less than 60 minutes of moderate- to vigorous intensity physical activity daily):**
  - Both: 83.2%
  - Male: 74.8%
  - Female: 87.6%

- **Percentage of adults (age-standardized estimate) who are insufficiently active (less than 150 minutes of moderate intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week):**
  - Both: 28.9%
  - Male: 25.5%
  - Female: 32.2%

- **Percentage of adults who are overweight (body mass index (BMI) of 25 kg/m² or higher):**
  - Male: 63.6%
  - Female: 66%
Cardiovascular Disease Governance

A national strategy or plan that addresses CVDs and their risk factors specifically: In place

A national tobacco control plan: In process/partially implemented

Collaborative projects between the Ministry of Health and non-health ministries for CVD interventions: In place

Legislation banning all forms of tobacco advertising, promotion and sponsorship: In place

Legislation banning the marketing of unhealthy foods to minors: In place

Policy interventions that facilitate physical activity: In place

Legislation mandating clear and visible warnings on foods that are high in calories /sugar / saturated fats: In place

Stakeholder action

Active involvement of patients' organizations in advocacy for CVD prevention and management: In place

Involvement of civil society in the development and implementation of a national CVD prevention and control plan: In place

Involvement of civil society in the national multisectoral coordination mechanism for NCDs/CVDs: In place

For more information, please email info@worldheart.org

Source References: Global Health Data Exchange, WHO Global Health Observatory data repository, WHO NCD Document repository, Country specific publications.