Status of Cardiovascular Disease (CVD) and Non-communicable diseases (NCD)

MOZAMBIQUE – JULY 2020

Country Demographics

- **World Bank Classification**
  - Low income

- **Prevalence** of rheumatic heart disease (RHD)
  - MALE: 3.04%
  - FEMALE: 2.6%

- **Global data:** 0.51%

- **Prevalence** of tobacco use age ≥15
  - MALE: 22.8%
  - FEMALE: 3.2%

- **Global data:** 36.1% (male) 6.8% (female)

- **Prevalence of premature CVD mortality attributable to**
  - **tobacco**
  - No Data

- **Prevalence of** of population with raised total cholesterol (≥5.0 mmol/L)
  - MALE: 7.4%
  - FEMALE: 3.2%

- **Global data:** 31.8%

- **Prevalence of** of deaths caused by hypertensive heart disease
  - MALE: 1.13%
  - FEMALE: 1.1%

- **Global data:** 1.65%

- **Prevalence of** of deaths caused by CVD
  - MALE: 9.7%
  - FEMALE: 9.3%

- **Global data:** 13.1%

- **Prevalence of** of population with raised blood pressure (SBP ≥140 or DBP ≥90)
  - MALE: 31.2%
  - FEMALE: 31.5%

- **Global data:** 24.1% (male) 20.1% (female)

- **Prevalence of diabetes (ages 20-79)**
  - MALE: 7.4%
  - FEMALE: 3.2%

- **Global data:** 3.9% (Africa)

- **Population demographics**
  - **World Bank Classification**
    - Low income
  - **64%** of population living in rural areas

- **Data from World Bank**
  - **Low income**
  - **60%** (Sub-Sahara Africa)

- **Global data**
  - 38.9%
  - 24.1%
  - 36.1%
  - 10%
  - 31.8%

- **Data from Mozambique**
  - 3.9% (Africa)
Cardiovascular Disease Governance

A national strategy or plan that addresses:

- CVDs and their specific risk factors
- NCD and their risk factors
- Rheumatic heart disease prevention and control as a priority
- A national surveillance system that includes CVDs and their risk factors

Stakeholder action

- Non-governmental organizations’ advocacy for CVD policies and programmes
- Civil society involved in developing and implementing of national CVD prevention and control plan

For more information, please email info@worldheart.org  info@pascar.org

Source References: Global Health Data Exchange; WHO Global Health Observatory data repository; WHO NCD Document repository; Country specific publications.