Status of Cardiovascular Disease (CVD) and Non-communicable diseases (NCD)

NIGERIA – JULY 2020

Country Demographics

- World Bank Classification: Lower-middle income
- 50% of population living in rural areas
  - 60% (Sub-Sahara Africa)

Prevalence of rheumatic heart disease (RHD)

- MALE: 0.75%
- FEMALE: 0.0%

Global data: 0.51%

Prevalence of tobacco use age ≥15

- MALE: 11.0%
- FEMALE: 22.7%

Global data: 36.1% (male) 6.8% (female)

Prevalence of raised total cholesterol (≥5.0 mmol/L)

- MALE: 3.1%
- FEMALE: 0.0%

Global data: 31.8%

Prevalence of raised blood pressure (SBP ≥140 or DBP ≥90)

- MALE: 8.9%
- FEMALE: 16.8%

Global data: 24.1% (male) 20.1% (female)

Prevalence of diabetes (ages 20-79)

- 3.1%

Global data: 3.9% (Africa)
Cardiovascular Disease Governance

A national strategy or plan that addresses:

- CVDs and their specific risk factors
- NCD and their risk factors
- Rheumatic heart disease prevention and control as a priority
- A national surveillance system that includes CVDs and their risk factors

Stakeholder action

- Non-governmental organizations’ advocacy for CVD policies and programmes
- Civil society involved in developing and implementing of national CVD prevention and control plan

Source References: Global Health Data Exchange; WHO Global Health Observatory data repository; WHO NCD Document repository; Country specific publications.

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