Country Demographics

- **National health expenditure as % of GDP (%)**: 3.16
- **Life expectancy at birth (in years)**:
  - Male: 66.7
  - Female: 77.6
- **25%** of population living in rural areas
- **75%** of population living in urban areas
- **Total mortality due to CVD (% of deaths)**:
  - Both: 56.2%
    - Male: 49.18%
    - Female: 63.03%
- **Percentage of adult population with raised total cholesterol (≥5.0 mmol/L)**
  - Global data: 38.9%
- **Percentage of adults (age-standardized estimate) who are insufficiently active (less than 150 minutes of moderate intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week)**:
  - Both: 17.1%
    - Male: 16.6%
    - Female: 17.6%
- **Percentage of adults who are overweight (body mass index (BMI) of 25 kg/m2 or higher)**:
  - Male: 58.2%
  - Female: 55.7%
- **Prevalence of adult tobacco use age ≥15**
  - Global data: 36.1% (male) 6.8% (female)
- **Percentage of adult population (age-standardized) with raised blood pressure (SBP ≥140 or DBP ≥90)**
  - Global data: 24.1% (male) 20.1% (female)
- **Percentage of adolescents (ages 11-17) who are insufficiently active (less than 60 minutes of moderate- to vigorous intensity physical activity daily)**:
  - Both: 84.5%
    - Male: 80.9%
    - Female: 88.3%
- **Percentage of adults (age-standardized estimate) who are insufficiently active (less than 150 minutes of moderate intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week)**:
  - Both: 17.1%
    - Male: 16.6%
    - Female: 17.6%
Cardiovascular Disease Governance

A national strategy or plan that addresses CVDs and their risk factors specifically:  

A national strategy or plan that addresses NCDs and their risk factors:  

A national tobacco control plan:  

A national surveillance system that includes CVDs and their risk factors:  

Legislation banning all forms of tobacco advertising, promotion and sponsorship:  

Legislation banning the marketing of unhealthy foods to minors:  

Policy interventions that promote a diet that reduces cardiovascular disease risk:  

Policy interventions that facilitate physical activity:  

Legislation banning the marketing of unhealthy foods to minors:  

Legislation mandating clear and visible warnings on foods that are high in calories / sugar / saturated fats:  

Stakeholder action

NGO advocacy for CVD policies and programmes:  

Active involvement of patients’ organizations in advocacy for CVD prevention and management:  

Involvement of civil society in the development and implementation of a national CVD prevention and control plan:  

Involvement of civil society in the national multisectoral coordination mechanism for NCDs/CVDs:  

Hypertension screening by businesses at workplaces:  

Source References: Global Health Data Exchange, WHO Global Health Observatory data repository, WHO NCD Document repository, Country specific publications.

For more information, please email info@worldheart.org