Status of Cardiovascular Disease (CVD) and Non-communicable diseases (NCD) - Slovenia

SLOVENIA – NOVEMBER 2021

Country Demographics

- **World Bank Classification**: High income
- **Life expectancy at birth (in years)**:
  - Male: 77.8
  - Female: 83.4

- **45%** of population living in rural areas
- **55%** of population living in urban areas

- **Total mortality due to CVD (% of deaths)**:
  - Both: 32.3%
  - Male: 26.8%
  - Female: 37.5%

- **Prevalence of adult tobacco use age ≥15**:
  - Male: 25.2%
  - Female: 20.9%

- **Prevalence of youths tobacco use age 13 to 17 year olds**:
  - Male: 10.4%
  - Female: 6.4%

- **Percentage of adult population with raised total cholesterol (≥5.0 mmol/L)**:
  - Global data: 38.9%

- **Percentage of adult population (age-standardized) with raised blood pressure (SBP ≥140 or DBP ≥90)**:
  - Global data: 24.1% (male) 20.1% (female)

- **Percentage of adolescents (ages 11-17) who are insufficiently active (less than 60 minutes of moderate- to vigorous intensity physical activity daily)**:
  - Both: 80%
  - Male: 74.8%
  - Female: 85.6%

- **Percentage of adults (age-standardized estimate) who are insufficiently active (less than 150 minutes of moderate intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week)**:
  - Both: 32.2%
  - Male: 27.7%
  - Female: 36.6%

- **Percentage of adults who are overweight (body mass index (BMI) of 25 kg/m2 or higher)**:
  - Male: 66.3%
  - Female: 49.8%

- **Percentage of adult population (age-standardized estimate) who are insufficiently active (less than 150 minutes of moderate intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week)**:
  - Both: 32.2%
  - Male: 27.7%
  - Female: 36.6%
Cardiovascular Disease Governance

A national strategy or plan that addresses CVDs and their risk factors specifically: .................................................................

A national strategy or plan that addresses NCDs and their risk factors: .................................................................

A national tobacco control plan: .................................................................

A national surveillance system that includes CVDs and their risk factors: .................................................................

Collaborative projects between the Ministry of Health and non-health ministries for CVD interventions: .................................................................

Legislation banning all forms of tobacco advertising, promotion and sponsorship: .................................................................

Legislation banning the marketing of unhealthy foods to minors: .................................................................

Policy interventions that promote a diet that reduces cardiovascular disease risk: .................................................................

Policy interventions that facilitate physical activity: .................................................................

Legislation banning the marketing of unhealthy foods to minors: .................................................................

Legislation mandating clear and visible warnings on foods that are high in calories/sugar/saturated fats: .................................................................

Stakeholder action

NGO advocacy for CVD policies and programmes: .................................................................

Active involvement of patients’ organizations in advocacy for CVD prevention and management: .................................................................

Involvement of civil society in the development and implementation of a national CVD prevention and control plan: .................................................................

Involvement of civil society in the national multisectoral coordination mechanism for NCDs/CVDs: .................................................................

Hypertension screening by businesses at workplaces: .................................................................

Source References: Global Health Data Exchange, WHO Global Health Observatory data repository, WHO NCD Document repository, Country specific publications.

For more information, please email info@worldheart.org