Country Demographics

**World Bank Classification**
Lower-middle income

- **56%** of population living in rural areas
  - 60% (Sub-Sahara Africa)

**Prevalence of rheumatic heart disease (RHD)**
- **0.14%** of total mortality caused by RHD
  - Global data: 0.51%

**Prevalence of tobacco use age ≥15**
- **4%** of premature CVD mortality attributable to tobacco
  - Global data: 10%

**Prevalence of diabetes (ages 20-79)**
- **0.93%**
  - Global data: 1.65%

**Prevalence of obese adults (BMI of ≥30 kg/m²)**
- **7.5%**
  - Global data: 13.1%

**Prevalence of diabetes (ages 20-79)**
- **7.4%**
  - Global data: 3.9% (Africa)

**Prevalence of raised total cholesterol (≥5.0 mmol/L)**
- **10.28%**
  - Global data: 31.8%

**Prevalence of raised blood pressure (SBP ≥140 or DBP ≥90)**
- **20.5%** (male)
  - **17.6%** (female)
  - Global data: 4% (male) 6.8% (female)

**Prevalence of deaths caused by CVD**
- **2.4%**
  - Global data: 38.9% (male) 6.8% (female)
**Cardiovascular Disease Governance**

A national strategy or plan that addresses:

- CVDs and their specific risk factors
- NCD and their risk factors
- Rheumatic heart disease prevention and control as a priority
- A national surveillance system that includes CVDs and their risk factors

**Stakeholder action**

- Non-governmental organizations’ advocacy for CVD policies and programmes
- Civil society involved in developing and implementing of national CVD prevention and control plan

**Health System Capacity**

- **Number of physicians (per 10,000 population):** 11.9
- **Number of nurses (per 10,000 population):** 13.4
- **Number of hospital beds (per 10,000 population):** 20

**Clinical Practice and Guidelines**

Locally-relevant (national or subnational level):

- Clinical tool to assess CVD risk
- Guidelines for treatment of tobacco dependence

**Clinical Guidelines for:**

- The detection and management of atrial fibrillation
- The detection and management of acute rheumatic fever
- The detection and management of rheumatic heart disease
- The detection and management of diabetes
- CVD prevention (within the last 5 years)
- A system to measure the quality of care provided to people who have suffered acute cardiac events

**Source References:** Global Health Data Exchange; WHO Global Health Observatory data repository; WHO NCD Document repository; Country specific publications.