**CURRICULUM VITAE - DR. J.B. JAYAWARDENA**

**Personal Details**

**Surname**  : Jayawardena

**First Name**  : Jayanthimala

**Married Name** : Bulumulle

**Sex**  : Female

**Date of Birth** : 26th April 1957

**Nationality**  : Sri Lankan

**Status**  : Married with 3 children

**Contact**  94 718016343, 94 775987979

[jayj4262000@yahoo.co.uk](mailto:jayj4262000@yahoo.co.uk)

**ACADEMIC QUALIFICATIONS**

M.B.B.S. University of Colombo, Sri Lanka 1982

MD (Medicine) University of Colombo, Sri Lanka 1989

Board Certification (Cardiology) Post Graduate Institute 1992

Of Medicine, Colombo

**CURRENT EMPLOYMENT**

Consultant Cardiologist The Central Hospital, Colombo.

Consultant Cardiologist Sri Lanka Air Force from 01.02.2010

Sri Lanka Army from 01.07.2019

Panel Consultant Civil Aviation Authority of from 01.01.2011

Sri Lanka

**Membership of Professional Associations**

Vice President Asia Pacific Heart Network 2019

Chairperson Non Communicable Disease Expert committee,

Sri Lanka Medical Association

Vice President Asia Pacific Society of Cardiology 2015-2017

Member Sri Lanka Heart Association

Member Ceylon College of Physicians

Principle Investigator Odyssey Outcome Multicentre study for Alirocumab ,

**APPOINTMENTS IN SRI LANKA**

Jan 2009-April 2017 Consultant Cardiologist National Hospital, Colombo

Feb 2007 – Dec 2008 Resident Cardiologist Teaching Hospital, Kandy

Feb 2002 – Feb 2007 Resident Cardiologist Teaching Hospital, Galle

Aug 2000- Jan 2001

June 1994 – July 2000 Resident Cardiologist Institute of Cardiology,

Teaching Hospital, Colombo

April 1989- May 1994 Senior Registrar Institute of Cardiology, Colombo

Jan 1988 – April 1989 Senior House Officer Institute of Cardiology,

Nov 1986- Oct 1987 Post Graduate Rotation Neurology, Chest Medicine, Psychiatry

Dermatology, Rheumatology

May 1985 – Oct 1986 Senior House Officer Teaching Hospital,

General Medicine Colombo

Jan 1984 – April 1985 Senior House Officer General Hospital, Kalutara

General Medicine

Dec 1983 – Jan 1984 House Officer Teaching Hospital, Colombo

General Medicine

Mar 1983 – Dec 1983 House Officer Teaching Hospital, Colombo

Obstetrics & Gynaecology

Sep 1982 - Mar 1983 House Officer Paediatrics Lady Ridgway Hospital’

**EXPERIENCE IN UNITED KINGDOM**

Feb 2001 – Feb 2002 Research Registrar Hammersmith Hospital,

(1 year) Cardiology London

Feb 1992 – July 1992 Medical Registrar Dryburn Hospital, Durham

(6 months) General Medicine

Oct 1990 – Sep 1991 Research Registrar University Hospital of Wales

(1 year) Cardiology Cardiff

Mar 1990 – Aug 1990 Senior House Officer North Middlesex Hospital,

(6 months) Geriatric Medicine London

Dec 1989 – Feb 1990 Locum SHO Cardiff Royal Infirmary

(3 months) Geriatric Medicine

**ACADEMIC ACHIEVEMENTS**

Distinction in Physiology at the 2nd MB Examination, Faculty of Medicine, University of Colombo

**PUBLICATIONS:**

1. JayawardenaJA, Herath CA, Ramachandran S. Female alcoholics. A clinical & epidemiological study. Proceedings of the centenary Academic Sessions of the Sri Lanka Medical Association.1987
2. Jayawardena JA, Hettiarachchi W, Thenabadu PN. Mitral regurgitation – clinical evaluation and 2D/CD correlation of regurgitant jets. Proceedings of the 102nd Academic Sessions of the Sri Lanka Medical Association in 1989.
3. Bulumulle J, Mendis S, Narenthiran S, Hettiarachchi VS, Ranatunga P, Thenabadu PN. Safety and diagnostic capability of transesophageal echocardiography over transthoracic echocardiography. Proceedings of the 107th Academic Sessions of the Sri Lanka Medical Association 1994.
4. Galappatty G, Bulumulle J, Thenabadu PN. Specialized management of cardiac toxicity following oleander poisoning – a prospective analytical study,Proceedings of the 108th Academic Sessions of the Sri Lanka Medical Association 1994.
5. Ranatunga P, Bulumulle J, Narenthiran S, Hettiarachchi VS, Senaratne V, Thenabadu PN. The role of echocardiography in stress testing. Proceedings of the 108th Academic Sessions of the Sri Lanka Medical Association - 1995.
6. PN Thanabadu, J.Bulumulle,GR.Constantine Treatment of chronic heart failure in ethnic Srilankan patients. International Journal of Cardiology, 1999; 69; 109-110.
7. M B R Rahuman, J B Jayawardena, G R Francis, M Niraj, A H T W Kumara, U A D Wijeysinghe, R Haniffa, R Ariyapperuma, C Anuruddha, A P De Silva. Outcome of early coronary intervention for acute ST elevation myocardial infarction in a tertiary care cardiac center in Sri Lanka. Ceylon Medical Journal, 2016; 61; 26-31.
8. J B Jayawardena, G D N Samarutilake, M H M Zackie, P V De Silva, A Karunanayake, M A Weerasooriya. Prevalence of coronary artery disease in a semi urban population in Southern Sri Lanka. Ceylon Medical Journal, 2017; 62: 34-39.

9 J B Jayawardena, M B F Rahuman, G R Francis, M Niraj, A H W Kumara. Percutaneous device closure of a ruptured sinus of valsalva presenting in acute heart failure. Journal of the Ceylon College of Physicians, 2018 48: 46-47

10 HA de Silva, HSU Rajapakse, NL Amarasekara, JB Jayawardena. Fixed Low Dose Triple Combination Antihypertensive Medication vs Usual Care for Blood Pressure Control in patients with Mild to Moderate Hypertension in Sri Lanka a Randomised Clinical Trial. JAMA 2018 320;Iss6,566-579

**TEACHING EXPERIENCE**

Case demonstrations and teaching to 3rd year and final year medical students, Post graduate trainees in Medicine.

Lectures to Post Graduate trainees in Obstetrics & Gynaecology.

Lecturer for Post Graduate Diploma in Gender based Medicine

**EXTRA CURRICULAR ACTIVITIES**

1. Captain of Netball - University of Colombo in 1980.
2. Represented Faculty of Medicine at Basketball, Netball, Athletics and Badminton in 1978, 1979, 1980.
3. Represented University of Colombo in Net ball, Basketball, High jump in 1979.

4. Represented Galle Medical Association in Netball in 2003, 2004.

5. Represented Ceylon College of Physicians in Net ball in 2010 -2023

**Lectures abroad**

1. **Complication in stent deployment** Case presentation NIC 2014 Cochin India

**2 Cardiac pharmacotherapy in pregnancy**- Lecture -Asian Pacific Society of Cardiology

Abu Dhabi UAE 2015

**3 How to approach, how to treat common cardiac diseases in pregnancy** –Lecture Koswar

. Hospital Congress, Shiraz, Iran, 2016

**4 Primary prevention of MI in Asia** –Lecture- World Congress of Cardiology, Mexico City,

Mexico, 2016

**5 Cardiac disease and pregnancy** – Lecture - ASEAN Federation of Cardiology Congress

Myanmar 2016

**6 Cardiovascular Disease in Asian Women** – Lecture – Asian Pacific Society of Cardiology

Singapore 2017

**7 Primary Prevention of MI in Asia** Lecture Mexican Society of Cardiology Congress,

Guadalajara, Mexico 2017

**8 Management of Diabetes in CV disease** Chairperson Asian Pacific Society of Cardiology

Taiwan 2018

**9 Spontaneous Coronary Artery Dissection, Is it different in women** Lecture World Congress of

Cardiology Dubai 2018

**10 Menopausal Hormone therapy in prevention of CVS disease. It is vital, only need a tweak**  Lecture

World Congress of Cardiology, Dubai 2018

**11 Heart Disease & Pregnancy**  Lecture Asian Pacific Society of Cardiology

Manila, Philippines 2019

**12 AWATCH: The Asia Pacific Perspective** Speaker Asian Pacific Society of Cardiology

Manila, Philippines 2019

**13 Reducing the burden of CVD in Asia Pacific**  Moderator ESC/ WHF session Paris, France 2019

**14 Menopausal Hormone Therapy, Friend or foe** LectureAsian Pacific Society of Cardiology ,

Dubai, 2024

**Capacity Building Advocacy**

ISFC 30th International 10 day Teaching Seminar on Cardiovascular Epidemiology and Prevention,

Phuket, Thailand, 1997

WHF / APHN / GSP Tobacco on Heart Health: Taking Action workshop Singapore 2012.

WHO /SEARO Meeting on Strengthening NCD Civil Society Organizations.  New Delhi, India. 2015

WHO / FCTC COP-6 Moscow Russia. 2014

APSC/APHN Cardiovascular Health Advocacy Workshop Manila, Philippines. 2019

Chairperson Non Communicable Disease Expert committee,

Sri Lanka Medical Association

Vice President Asia Pacific Heart Network 2019

Zonal Vice President Asia Pacific Society of Cardiology 2015-2017

**Resource person**

Ministry of Health, Sri Lanka

Guideline for Emergency Treatment in Primary Care 2014,

National Multisectoral Action Plan for the Prevention and Control of NCD 2016-2020

Guideline for Management of NCDs in Primary Health Care 2015

National Hyperlipidaemia guidelines 2021

**Projects**

1. NIROGI Lanka (National Initiative to Reinforce and Organize General diabetes care In Sri Lanka)

WDF funded project 2009- 2020 continued. Leadership role in the NCD forum of SLMA, the main advocacy body with a multi professional commitment from the health sciences.

2 Community based multimode CVD preventive programme with universal coverage

Funded by World Bank. Primary care Surveillance and Strengthening Project (PSSP) . Principal Investigator.