Cardiovascular diseases are a group of disorders of the heart and blood vessels, commonly referred to as heart disease and stroke.

**20.5 million** deaths every year from CVD

**33%** of all global deaths

>75% of CVD deaths take place in low- and middle-income countries

**GLOBAL CAUSES OF DEATH**

- CVD: 20.5 million
- Cancer: 10 million
- Respiratory Diseases: 3.7 million
- HIV: 1 million

**RISK FACTORS FOR CVD**

- High Blood Pressure
- Unhealthy Diet
- High Cholesterol
- Diabetes
- Overweight & Obesity
- Tobacco
- Air Pollution
- Kidney Disease
- Physical Inactivity
- Harmful use of alcohol

Sources: World Health Organization; IHME, Global Burden of Disease

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