IT’S TIME TO INSIST THE ANNUAL FLU SHOT BE PART OF THE FIGHT AGAINST HEART DISEASE

USE **♥** TO **STOP** FLU

**ALL AGE GROUPS CAN BE AFFECTED BY THE FLU**

But some groups are more at risk than others

**1.** Kwong J. et al., 2018; doi: 10.1056/NEJMoa1702090

**2.** Macintyre C. et al., 2016; doi: 10.1136/heartjnl-2016-309983

**3.** Lewis-Parmar H et al., 2002; PubMed PMID: 12166297


**5.** Sperling L. et al., 2021; doi:10.1001/jamacardio.2020.3983

**6.** https://www.who.int/en/news-room/fact-sheets/detail/influenza-(seasonal)

In the first 7 days after contracting the flu⁴ compared to those without complication.⁶

Influenza is commonly called the flu

Vaccination can reduce the risk of heart attacks due to flu by as much as 45%²

People are 14X more likely to get vaccinated if health professionals recommend it³

HEALTHCARE DIRECT COSTS INCREASE BY UP TO 2X FOR PATIENTS WITH AT LEAST ONE COMPLICATION compared to those without complication.⁶

Cardiovascular disease disproportionately affects disadvantaged groups⁵ it is even more important to consider preventive action.

The elderly, people with underlying health conditions such as heart disease, children under 5 years old, and pregnant women are at greater risk of severe disease or complications when infected⁶