IT’S TIME TO INSIST THE ANNUAL FLU SHOT BE PART OF THE FIGHT AGAINST HEART DISEASE

USE STOP FLU

VACCINATION CAN REDUCE THE RISK OF HEART ATTACKS DUE TO FLU BY AS MUCH AS 45%²

INFLUENZA IS COMMONLY CALLED THE FLU

HEALTHCARE DIRECT COSTS INCREASE BY UP TO 2X FOR PATIENTS WITH AT LEAST ONE COMPLICATION compared to those without complication.⁴

INFLUENZA INCREASES THE RISK OF HEART ATTACK BY MORE THAN 10X In the first 7 days after contracting the flu¹

ALL AGE GROUPS CAN BE AFFECTED BY THE FLU

BUT SOME GROUPS ARE MORE AT RISK THAN OTHERS

THE ELDERLY, PEOPLE WITH UNDERLYING HEALTH CONDITIONS SUCH AS HEART DISEASE, CHILDREN UNDER 5 YEARS OLD, AND PREGNANT WOMEN ARE AT GREATER RISK OF SEVERE DISEASE OR COMPLICATIONS WHEN INFECTED⁶

CARDIOVASCULAR DISEASE DISPROPORTIONATELY AFFECTS DISADVANTAGED GROUPS⁵

PEOPLE ARE 14X MORE LIKELY TO GET VACCINATED IF HEALTH PROFESSIONALS RECOMMEND IT³

1. Kwong J. et al., 2018; doi:10.1056/NEJMoa1702090
4. Macintyre C. et al., 2016; doi: 10.1136/heartjnl-2016-309983
5. Lewis-Parmar H et al., 2002; PubMed PMID: 12166297