

Framework for a Cardiovascular Health Action Plan

Supporting countries to translate commitment into action

19.5 million

deaths every year from cardiovascular disease (CVD)

80%

of premature CVD deaths occur in low- and middle-income countries

Fewer than 20

countries have a standalone national CVD action plan

The WHF Framework

A practical and adaptable roadmap to develop or strengthen national cardiovascular health action plans. A national plan should **prioritize cardiovascular health, identify gaps and opportunities, define measurable actions and targets, strengthen implementation and accountability, and mobilize resources and partnerships**. The Framework is designed to be adapted to each country's context and priorities.

Nine key domains



1. Governance & Leadership



2. Risk Factor Prevention & Health Promotion



3. Screening & Early Detection



4. Acute Care & Treatment for CVD



5. Access to Medicines & Technologies



6. Rehabilitation & Secondary Prevention



7. Health Financing & Sustainability



8. Data, Surveillance & Research



9. Equity & Social Determinants of Health

How could WHF support countries?

A collaborative process to develop and implement national cardiovascular health action plans



Step 1 Country assessment

Assess existing policies and programmes, map the stakeholder landscape, and identify health system gaps and opportunities for action.



Step 2 National policy dialogue

WHF convenes ministries of health, healthcare professionals, academia, civil society and patient organizations, WHO and partners.



Step 3 National action planning

Stakeholders define priority actions, indicators and targets, implementation responsibilities, and financing needs.



Step 4 Implementation support

Depending on country priorities: clinical protocols, training and capacity building, awareness campaign, access to medicines and technologies, monitoring and evaluation.



Step 5 Knowledge exchange

Countries share experiences, lessons learned and best practices through WHF's global network.

The role of WHF members



Champion cardiovascular health nationally



Engage ministries of health and key stakeholders



Co-organize national policy dialogues and contribute expertise



Share experiences and lessons learned globally

We would like to understand your interest, readiness and potential role in supporting national cardiovascular health action planning in your country. **Thank you for completing the survey!**