

**HEART DISEASE IS THE
WORLD'S #1 KILLER,
BUT IT CAN OFTEN
BE PREVENTED.
DON'T MISS A BEAT.**



**CHECK YOUR BLOOD PRESSURE
THIS WORLD HEART DAY.
IT COULD SAVE YOUR LIFE!**



**WORLD
HEART
DAY** 29 SEP

#DontMissABeat

#WorldHeartDay

WORLDHEARTDAY.ORG

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moved by you

**DON'T
MISS
A BEAT**